

American Baptist Churches of Maine  
Zoom Meeting  
November 15, 2021

Those in Attendance: Wandah Clark, Marj Muise, Sandy Rhoda, Stacey Emery, Linda Deane, Joyce Worden, Carolyn Eames, Lorna Hanson, Dina Richards, Jan Rockwell, Doris Sherman, Michele \_\_\_\_\_ and Martha Walker.

Tonight's meeting focused on the Baptist Women's World Day of Prayer. This program has continued for 70 years and now is held in 151 countries around the world and is translated into 120 languages.

The theme this year is Courageous Living. God has said, "Never will I leave you; Never will I forsake you." So we can live with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?" Hebrews 13:5-6 NIV

Paul had every reason to be fearful. Mere mortals had done him a lot of harm. In 2 Corinthians 11:23-27 we read a list of things he suffered: Paul had been in prison, flogged, and exposed to death many times. He had received forty lashes, minus 1, 5 times and been beaten with rods 3 times. He had been attacked with stones and had been shipwrecked three times. He had been in danger from bandits, from natural elements, from Jews and Gentiles alike. He had found himself in danger in the city, in the country, and at sea. He had often gone without sleep, without food, without water, and been cold and naked.

"Rejoice in the Lord always. I will say it again: Rejoice! Philippians 4:4-7

Four Keys to Courageous Living:

1. Remember to Rejoice.
2. Remember He is with you.
3. Remember to give thanks.  
Always begin a prayer with thanks.
4. Peace is what guards your heart.